



# CAMBRIDGE PARK PUBLIC SCHOOL

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## Cambridge Park Public School Swimming Carnival 2020 – CHANGE OF DATE

The Cambridge Park Public School Swimming Carnival is a twilight carnival and will be held on **Monday 17th February 2020** at Ripples Leisure Centre Penrith, 119 Station St PENRITH commencing at 7.00pm.

Only students turning 8 or above in 2020 who are confident swimmers will be permitted to compete. Students who did not swim 50 metres in last year's carnival will have their swimming ability assessed by teachers before competing. This is school policy.

Parents are to arrange to transport their children to and from the pool. All parents and students are to pay the pool entry fee at the front gate. Admission to the pool will be \$4.50 for swimmers and \$3 for spectators. Registered parent helpers will be admitted at no cost.

The pool canteen will be open until 8.30pm. However, students will need to stay close to the pool during the carnival to avoid missing their races.

All students will need to be at the pool by 6:40pm sharp so that the races can start on time. They will also need to be accompanied by a parent or a responsible adult while at the carnival. Parents will be responsible for the safety and the behaviour of their children, and students are expected to follow teacher direction just as they would do at any school event.

All students need to wear appropriate swimwear and long hair needs to be tied back or a swim cap needs to be worn. If students normally wear goggles they will need to wear them in the races. Please note that board shorts and t-shirts cause drag in the water and make it more difficult to swim efficiently and safely.

As the carnival is in the evening and the weather has been unpredictable all students will need to bring warm clothes and at least 2 towels to stay dry and warm between races.

At the pool there is plenty of covered area if it rains. However, there is limited seating undercover, so it is advisable to bring some folding chairs especially if the weather looks changeable.

Please note that the school has only the use of the 50m pool and that all other pools are closed to students and visitors.

You may bring drinks (no alcohol) in plastic bottles and cans (no glass bottles) and small snacks for between the races. Please do not bring crepe paper streamers to the pool. Students are encouraged to wear their house colours.

We would really like to see as many parents as possible at this carnival.

Mr N Bourke  
Acting Principal

Mrs C Jobson  
Carnival Organiser

# Cambridge Park Public School Swimming Carnival

## Return to Mrs Jobson by Thursday, 13<sup>th</sup> February, 2020

In relation to the proposed structured aquatic activities (please tick response):

- My child is **permitted** to go in the water       My child is **not permitted** to go in the water

My child is permitted to go in the water (please tick response):

- A non-swimmer:** My child is unable to swim
- A weak swimmer:** My child is comfortable and confident in shallow water but cannot swim very well
- An average swimmer:** My child is a reasonable swimmer but is not very strong or confident in deep water
- A strong swimmer:** My child is a strong swimmer and is very confident in deep water

Signed parent / caregiver .....

Please complete the following so that your child can be placed into the events they wish to contest. Please complete a separate form for each child. All students who turn 8 or above this year are eligible to compete.

<u>Students name and class</u>	<u>Date of Birth</u>	<u>Age turning this year</u>	<u>House</u>

My child can swim confidently and would like to enter the following events. - Please circle the distance they are prepared to swim. If your child has a recently recorded time for the event/s entered please write it in the table below the nominated events. Please note: if your child enters a 50m event they cannot enter the 25m event in the same stroke.

<b>Freestyle</b>	<b>Backstroke</b>	<b>Breaststroke</b>	<b>Butterfly</b>	<b>Individual Medley</b>
25m	25m	25m		
50m	50m	50m	50m	
100m				200m

Signed: \_\_\_\_\_ Name: \_\_\_\_\_  
                 Parent/Caregiver    Please print

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 If you are able to help on the night, please complete the following and return it to Mrs Jobson

I \_\_\_\_\_ (name) will be able to help at the Twilight Swimming Carnival on Monday 17th February 2020 at Ripples, Penrith.

My child's name is: \_\_\_\_\_ class \_\_\_\_\_

Contact Number: \_\_\_\_\_